



## **Jobdescription: Ayurveda Therapist (m/f/d)**

### **About Ashoka Ayurveda:**

Ashoka is the Sanskrit word for "Free from worry". Ashoka is the one who gives pleasure to others. Ashoka is being, knowledge and bliss. Therefore, we have chosen the name as our leitmotif, because joy and happiness have been experienced by our guests with our treatments and care since 2007. Our spas and treatment centre can be found in unique and beautiful locations. They specialise in the 5 elements of nature, traditional knowledge, teaching, and healing. To achieve our goal of rediscovering the true nature of our self, we work with the ancient healing art of Ayurveda.

### **Job Requirements:**

- You are already a trained Ayurveda therapist and have at least two years of professional experience.
- You have no problem with flexible working hours
- You have professional experience in the spa/wellness area of an upscale hotel or an Ayurveda practice.
- You are proficient in a variety of classic Ayurvedic treatments (other practices such as Kalari therapy or TCM would be an advantage)
- You have good communication and teamwork skills
- You are enthusiastic and passionate about your work
- You have a sense of responsibility, neatness and a keen sense for customers with high expectations
- Language skills: English (fluent in speech); Portuguese & German as well as other languages are advantageous.

### **Your tasks:**

- Conveying and embodying the Ashoka philosophy.
- As part of the Ayurveda therapist team, the following tasks await you:
  - Daily Ayurveda treatments of our guests based on their individual treatment plan
  - Further individual treatments of the guests
  - Preparation and post-processing of the treatment rooms for daily work
  - Organisation of the treatment rooms as well as their requirements



**We offer:**

- An attractive workplace that combines work and relaxation.
- A personal career plan and numerous development and further training opportunities
- Work Clothing
- If needed we offer support to find an accommodation on Madeira
- Discounts at all Ashoka locations and associated hotels
- Highly qualified & nice colleagues
- Contractual employment or work as a freelancer
- Performance-related remuneration on the basis of 40 hours per week

**You can contact Carla Baptista directly Tel: +351 291 930 948 or write to [human.resources@ashoka-ayurveda.com](mailto:human.resources@ashoka-ayurveda.com).**

We look forward to you and your application.

Warm regards,

Birgit Moukom & the Ashoka Ayurveda Team