



## **Internship Description: Ayurveda Therapist (m/f/d)**

### **About Ashoka Ayurveda:**

Ashoka is the Sanskrit word for "Free from worry". Ashoka is the one who gives pleasure to others. Ashoka is being, knowledge and bliss. Therefore, we have chosen the name as our leitmotif, because joy and happiness have been experienced by our guests with our treatments and care since 2007. Our spas and treatment centre can be found in unique and beautiful locations. They specialise in the 5 elements of nature, traditional knowledge, teaching, and healing. To achieve our goal of rediscovering the true nature of our self, we work with the ancient healing art of Ayurveda.

### **Requirements and Skills:**

- You have an interest and enjoy working in a holistic health centre.
  - You bring initial experience in Ayurveda massage therapy or other massage treatments.
  - You are capable of communication and teamwork.
  - You have a sense of responsibility & value cleanliness and accuracy.
  - You have a positive demeanour and are enthusiastic.
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- Language skills: English (fluent in speech and writing); Portuguese & German as well as other languages are advantageous.

### **Your tasks:**

- Conveying and embodying the Ashoka philosophy.
- Close collaboration with our Ayurveda doctors and our cure office team.
- Initial performance of Ayurvedic full and partial body massages based on individual treatment plans created by our Ayurveda doctors, as part of our Ayurveda cures.
- Performing individual treatments and massages in our Ashoka Spa.
- Participation in training and further education.



**We offer:**

- An internship for 2-3 months.
- Personal internship plan and numerous development and training opportunities.
- An attractive workplace that combines work and relaxation.
- Working in a family-run company.
- Discounts at all Ashoka locations and associated hotels.
- Highly qualified & friendly colleagues.
- An exciting and varied work environment due to the variety of restaurants and event opportunities.
- Workwear.

**You can contact Carla Baptista directly Tel: +351 291 930 948 or write to [human.resources@ashoka-ayurveda.com](mailto:human.resources@ashoka-ayurveda.com).**

We look forward to you and your application.

Warm regards,

Birgit Moukom & the Ashoka Ayurveda Team