



ASHOKA

trust in your elements



Our Ayurvedic Doctors

About Ayurveda Dr. Krishnapriya

- **Education background:** Graduation (2016)- Bachelor of Ayurvedic medicine and Surgery (BAMS) from Sree Kalabyraveswara Swami Ayurvedic Medical College, Hospital & Research Centre Bangalore (Rajiv Gandhi University Karnataka)
- **Working background:** Resident Ayurvedic Doctor in CGH Earth wellness centre, Kerala,India (2016- 2018); Ayurvedic Physician in Government Ayurvedic Hospital Mathoor & various other clinics (2018- 2019); Calendula Ayurvedic Hospital Siofok, Hungary as Ayurvedic Doctor (2019 - 2021)
- **Since 2021** at Ashoka Ayurveda at Madeira/Portugal



About Ayurveda Expert Nathalie Moukom

- **Education background:**

Master of Ayurvedic Medicine (MSc.), from ESA, Madrid

Ayurveda Women's Health Coach, from Ayurveda Akademie Birstein, Germany

Degree in Integral Vedic Counseling from Dr. David Frawley, US

Degree in Vedic Astrology from Astrovedic Academy, Germany

- **Working background:**

Since 2014 Nathalie has been an integral part of the family-run Ashoka Treatment Center.

Founder of 'Ayurveda Kalari Berlin', an Ayurveda Center in the heart of Berlin (2018).

In 2020 expanded to Mallorca (Spain) with 'Moksha Ayurveda'.

- **Since 2024** Ayurveda-Expert for Ashoka Ayurveda (Online-consultations)



About Ayurveda Dr Harsha Gramminger

- **Education background:**

Diplom Industrial engineer, Technical University Cologne

Study of Economics, University of Augsburg and Frankfurt

Doctor of Medicine, University of Hamburg

Doctoral Thesis on "Auxiliary liver cell transplantation to demonstrate the function of localization of transplanted hepatocytes"

Training in Kolkata, India with Prof. Pratibh Debnath from Roy State College in inner medicine, Surgery, gynecology

Training in Meditation techniques at Osho Commune Pune, India

- **Working background:**

Resident doctor over 3 years in Varese, Italy with Ayurvedic treatments

Additional training in psychotherapy

Since 1992 own Ayurveda Medical practice in Italy Varese and Germany Cologne

Own Panchakarma Clinic in Germany until 2018

Training of doctors and therapists in Italy and Germany in own Ayurvedic Academy

Close cooperation with Dr. Vasant Lad, Albuquerque U.S.A.

Consultancy for executives and companies

Conducting Seminars for entrepreneurs and in companies

Visiting medical doctor at Ashoka Ayurveda, Madeira

Political activity:

First president of European Ayurveda Association (2007-2020)

Till today Vice president in order to establish Ayurveda as an equal medical science in Europe

Member of EMA (European Medical Association)

Member of ANME (Association of Natural Medicine Europe)

- **Since 2021** at Ashoka Ayurveda at Madeira/Portugal



About Ayurveda Dr. Latheef

- **Bachelor of Ayurvedic Medicine and Surgery**, Institute for Ayurvedic Studies (VPSV Ayurveda College Kottakkal, Calicut University, Kerala, India) Registration No: 6524, Travancore Cochin Council of Indian System of Medicine; **PG Dip. PPHC** – Postgraduate Diploma in Preventive and Promotive Health Care, Apollo Hospitals Educational and Research Foundation, Hyderabad, India.
- **Working background:** Practicing as a Vaidya for the last 25 years. Started working at Keraleeya Ayurveda Samajam Hospital (Kerala). Residential Medical Officer at Amiya Ayurvedic Nursing Home and Research centre (Kerala). Clinical Adviser for Australian Academy of Ayurveda. Consultant for Ayur Centre (Portugal). For the past 15 years, contributing to the development and promotion of Ayurveda in Portugal.
- **Since 2014** at Ashoka Ayurveda at Madeira/Portugal



About Ayurveda Dr. Kiranlal

- Education background

Bachelor of Ayurvedic Medicine and Surgery
(Government Ayurveda College Trivandrum,
University of Kerala, India)

Professional Registration with Travancore Cochin Council of
Indian System of Medicine

- Working background:

Practiced as an Ayurveda Doctor for 20 years. Started working with
Nagarjuna Ayurveda Center Kovalam, Kerala.

Worked in different Ayurveda clinics and wellness facilities
in India, Sri Lanka, Malaysia, Singapore, USA, Spain and
Netherlands.

Present - Ayurvedic doctor as a partner at Ashoka Ayurveda
Madeira and working with an Orthopedic Center in Bad
Kreuznach Germany.



About Ayurveda Dr. Susanne Kaufmann

- **Education background:** Study of music therapy at the HdK Berlin Degree: **Diplom Music Therapist;** Training as a body-soul therapist at the Institute for Body and Soul, IKS, Dortmund Degree: **Body-soul therapist;** Training as a naturopath in the practice of Dr. Theo Kaufmann, internist, Berlin Degree: **Alternative practitioner (Naturopath);** Course in mantra healing through spiritual Ayurveda therapy, European Ayurveda Academy, Birstein; Training as a medical Ayurveda specialist at the European Academy for Ayurveda, Birstein Degree: **Medical Ayurveda specialist;** Master's degree in Ayurvedic Medicine (MSc) at the University of Middlesex, England Degree: **MSc Ayurveda Medicine**
- **Working background:** Practical activity as alternative practitioner and body-soul therapist in Berlin; Practical activity as co-therapist for long-term group psychotherapies based on depth psychology as well as co-director of two-week Ayurveda cures, Praxis Dr. Gericke, Kremmen; Since 2012 active as Ayurveda doctor, in Berlin and India, Dr. Jobin J Madukkakuzhy, Kerala
- **Since 2021** at Ashoka Ayurveda at Madeira/Portugal

