



Ashoka Ayurveda - Hygiene measures in the context of the COVID-19 pandemic

As of June 15, 2020

In our Ashoka locations:

- Let us keep the minimum distance of 1.5 m in all public areas
- We provide enough disinfectants for guests and employees
- All surfaces are getting disinfected regularly (e.g. door handles)
- At the moment, magazines, newspapers and brochures will not be in public areas

During our treatments:

- Our therapists wear at least a mouth & nose protection
- At the request of the guest or the therapist, they also wear gloves, visors and aprons
- At the request of the guest, they can wear mouth & nose protection
- The face area is left out in all treatments
- We ask for your understanding that, due to the strict requirements, we cannot take any appointments or therapists' requests into account.

During Yoga:

- We practice in a reduced number of groups (maximum 5 people plus teacher), so that a distance of at least 1.5 m is guaranteed.
- Upon arrival, our guests receive their personal yoga mat and blanket, which they keep for the entire stay.
- After each group, the room floor is disinfected and wiped.

Our cancellation policy:

- If there are any restrictions within the COVID-19 pandemic, you can cancel your trip with us free of charge up to two days before arrival. This is valid until December 31, 2020